

Coming soon...

## Native American Prophecies and An introduction to Indian Mounds



Randy Hastings

Rev. Randy Hastings is a Teacher/Practitioner of Shamanic and Indigenous Spirituality. He has studied with elders of North American and Central American tribal lineages for several decades. He has an M.A. Degree in Transpersonal Psychology and is also the Dean of Shamanic Studies at the newly launched International Metaphysical University in Columbus, Ohio.

Saturday, November 15, 2009

### **Native American Prophecies—**

2-3 p.m.

This class will be an overview of Native American prophecies from North and Central America and how we can prepare ourselves for what they are trying to tell us.

### **Introduction to Indian Mounds**

3-4 pm

This class will be an introduction to the various types of Indian mounds and earthworks in the Ohio Valley area and how to properly and safely approach them as sacred sites and vortices.

All workshop sessions will be held at the Ki Empowerment Center  
933 North High Street, Ste. 120-B Worthington, Ohio.

One-hour sessions—\$10/Two-hour sessions—\$20

\*There is no cost for these sessions

\*\*Donation only

Scholarships are available.

To register for classes or for more information, please contact  
Natascha at 614-395-5611 or email: [aroseblossom@hotmail.com](mailto:aroseblossom@hotmail.com)

Coming soon...

## Sun Gazing — Healing with Light

Saturday, November 21,



Darrell Brann

Darrell Brann is a Registered Polarity Practitioner, Registered Craniosacrol Therapist and Licensed Massage Therapist. He has been sun gazing for nearly 2 years and has improved his eye sight and health significantly during that time.

2-4 pm

Sun gazing is a technique in which sunlight causes chemical reactions in the brain through the pineal gland, pituitary and hypothalamus, resulting in improved mental and physical health and, in some cases, unusual powers. It is done during safe times (near sunrise and sunset). Also know as sun yoga, sun gazing is a universal and ancient technique, having been practiced by the ancient Egyptians, Zoroastrians, Greeks, Incans and Native Americans and continues to the present day. Learn how to harness the power of the sun to achieve physical and mental health, and spiritual awakening through this simple, safe and enjoyable practice.

This advanced spiritual practice involves staring directly into the sun. Contrary to popular belief, if done correctly, it will not damage the eyes and it can reverse many dis-eases and addictions, including eye conditions. In this class, Darrell will go over times to sun gaze and proper techniques to sun gaze as well as the physical, and emotional benefits. The class will mainly focus on the spiritual benefits of sun gazing: including mantras to the sun, and mudras to the sun.

All workshop sessions will be held at the Ki Empowerment Center  
933 North High Street, Ste. 120-B Worthington, Ohio.

One-hour sessions—\$10/Two-hour sessions—\$20

\*There is no cost for these sessions

\*\*Donation only

Scholarships are available.

To register for classes or for more information, please contact  
Natascha at 614-395-5611 or email: [aroseblossom@hotmail.com](mailto:aroseblossom@hotmail.com)

Coming soon...

## Galactic Federation & Remote Viewing



Cindy Riggs

Cindy has been channeling for over a decade, which is the process of allowing a spirit to temporarily inhabit her body and energy fields in order to speak through her. She accommodates high-level Light beings that have introduced themselves as spirit guides, Archangels, Masters, and extraterrestrials; and she has evolved to channel more than one being at the same time. Much of her skill and awareness she learned from her own spirit guides. Learn more about Cindy and her channeling, and read fascinating transcripts from some of her previous channeling sessions and events on [www.CindyRiggs.com](http://www.CindyRiggs.com).

**Saturday, November 28, 2009**

**11-12 am—Galactic Federation**

Cindy has channeled various members of the Galactic Federation over the years. She will discuss her understanding of the Galactic Federation - its purpose, its structure, and how it assists planet Earth; and channel messages from one of more Galactic Federation members - and answer questions - live during this workshop.

**2-4 pm — Remote Viewing**

Remote Viewing allows us to "see" an event or place anywhere in time and space. Cindy will discuss how remote viewing works and the different methods she has been taught and used. Participants will be given a remote viewing exercise to explore their own abilities.

Cindy studied one method of Remote Viewing with author and former CIA psychic spy David Morehouse. (Remote Viewing has been utilized in the U.S. Government since the early 1970's.) She has utilized remote viewing throughout her career as a tool for locating missing items/pets/people and gathering clues in unsolved cases. She holds a 90% success rate with locating lost items and pets, and has accurately described what would appear on toxicology reports prior to their completion. She can also view/enter past lives and help a spirit "cross over" if it has not yet entered the Light..

All workshop sessions will be held at the Ki Empowerment Center  
933 North High Street, Ste. 120-B Worthington, Ohio.

One-hour sessions—\$10/Two-hour sessions—\$20

\*There is no cost for these sessions

\*\*Donation only

Scholarships are available.

To register for classes or for more information, please contact  
Natascha at 614-395-5611 or email: [aroseblossom@hotmail.com](mailto:aroseblossom@hotmail.com)