

# Walking the Spiritual Walk

## Workshop Series

### November 2009

Date	Time	Presenter	Title
1-Nov	1-2pm	Robert Backoff	*Meditation
1-Nov	2-4pm	Mike Frazier	**Ascension Meditation
4-Nov	7-9pm	Cynthia Rosi	Energy Healing-Tools you can use
9-Nov	7-8pm	Beth Jordan	Creating Mantras
9-Nov	8-9pm	Beth Jordan	Creating Affirmations
11-Nov	7-9pm	Sylvia Niedner	Origami-prayer and Practice
14-Nov	10-11am	Allison Fritz	Prayer is a two-way Conversation
14-Nov	11-12am	Tere Banks	Feng Shui
14-Nov	2-4pm	Nada Maibach	Dolphin Communication
15-Nov	1-2pm	Robert Backoff	*Meditation
15-Nov	2-3pm	Rev. Randy Hastings	Native American Prophecies
15-Nov	3-4pm	Rev. Randy Hastings	Introduction to Indian Mounds
18-Nov	7-8pm	Martha Sanders	Understanding Gender Energies
18-Nov	8-9pm	Mary Carlisi	**Nia Dance Technique
21-Nov	10-11am	Beth Jordan	Hypnosis
21-Nov	11-12am	Ashleigh & Nancy	Reality Creation Follow-up
21-Nov	2-4pm	Darrell Brann	Sun Gazing
22-Nov	1-2pm	Robert Backoff	*Meditation
22-Nov	2-4pm	Bill Maibach	*Sanctuary
23-Nov	7-9pm	Tere Banks	Aromatherapy
28-Nov	10-11am	Allison Fritz	Yoga Meditation
28-Nov	11-12am	Cindy Riggs	Galactic Federation
28-Nov	2-4pm	Cindy Riggs	Remote Viewing
29-Nov	1-4pm	Robert Backoff	*Meditation/Sanctuary Planning

All workshop sessions will be held at the Ki Empowerment Center  
 933 North High Street, Ste. 120-B Worthington, Ohio.  
 One-hour sessions—\$10/Two-hour sessions—\$20

\*There is no cost for these sessions

\*\*Donation only

Scholarships are available.

To register for classes or for more information, please contact  
 Natascha at 614-395-5611 or email: [aroseblossom@hotmail.com](mailto:aroseblossom@hotmail.com)



Revised Nov. 7, 2009